



Psalm 92

A Note to the Parents/Teachers

The book of Psalms is a collection of collections that includes poems, songs, and prayers. These are prayers, poems, and songs that the people of Israel would read and sing to remember who God is/was, what He has done, who they were in light of what God had done, and now how they were called to live.

Call to Worship

Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come. You are worthy, our Lord and God, to receive glory and honor and power, for you created all things, and by your will, they were created and have their being.” - Revelation 4:8,11

- **Big Idea:** God is inviting all of creation to rest in His work.

Starter

Evidence of Grace

Ask kids to share ways they've seen God at work lately. Anything, big or small, which is good is from God. Take time to thank God together.

Discussion:

- What are some things that are restful for you? That when you do them you find joy, rest, and thank God for those things?

Sing Together Story

Psalm 92

A psalm. A song. For the Sabbath day.

- 1 It is good to praise the Lord
and make music to your name, O Most High,
- 2 proclaiming your love in the morning
and your faithfulness at night,
- 3 to the music of the ten-stringed lyre
and the melody of the harp.
- 4 For you make me glad by your deeds, Lord;
I sing for joy at what your hands have done.
- 5 How great are your works, Lord,
how profound your thoughts!
- 6 Senseless people do not know,
fools do not understand,
- 7 that though the wicked spring up like grass
and all evildoers flourish,
they will be destroyed forever.
- 8 But you, Lord, are forever exalted.
- 9 For surely your enemies, Lord,
surely your enemies will perish;
all evildoers will be scattered.
- 10 You have exalted my horn like that of a wild ox;
fine oils have been poured on me.
- 11 My eyes have seen the defeat of my adversaries;
my ears have heard the rout of my wicked foes.
- 12 The righteous will flourish like a palm tree,
they will grow like a cedar of Lebanon;
- 13 planted in the house of the Lord,
they will flourish in the courts of our God.
- 14 They will still bear fruit in old age,
they will stay fresh and green,
- 15 proclaiming, "The Lord is upright;
he is my Rock, and there is no wickedness in him."

This Psalm is a song that the people of Israel would sing on the sabbath day. After working for six days, the sabbath day would be the day they would stop, rest, delight, and worship God. The sabbath day would be the day they would remember what God had done. This Psalm would help them remember who God was, what He had done, and who they were in light of what He had done.

Nowhere in this Psalm is the word rest though. There is not a command to stop and rest, but it does talk about delighting and worshipping. This Psalm helped the Israelites and us remember that God is the creator of all things. He is the one who created the heavens and the earth. He is the one who sustains all of creation both humans and non-human creation. He is the righteous one who will judge the wicked.

So the Israelites and us are able to stop, rest, delight, and worship because of who God is. When our trust is in him and not in what we have or don't have. When our identity (our belief about who we truly are) is not based on what the world around us says, but is found in who we are in Jesus and what He has done. When our sense of belonging isn't based on our friend group or being popular, but the community of God that we get to be a part of and out of the identity that God calls us son and daughter when we follow Him. When our purpose doesn't depend on what others think we should do, but born out of the gifts that God has given us and how he created us. It is out of these things that we can truly rest and trust that God is good, He created us and all of creation, and he invites to stop, rest, delight, and worship Him.

Jesus

Matthew 11:28-30

28 "Come to me, all you who are weary and burdened, and I will give you rest. **29** Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. **30** For my yoke is easy and my burden is light."

Matthew 12:6-8

6 I tell you that something greater than the temple is here. **7** If you had known what these words mean, 'I desire mercy, not sacrifice,'^[a] you would not have condemned the innocent. **8** For the Son of Man is Lord of the Sabbath."

[Dialogue Questions - you may use some or all]

- ▶ What does it mean to rest in Jesus?
- ▶ What are some ways we can rest in Jesus?
- ▶ Who else in your life needs to hear the good news that we can trust and rest in Jesus?
- ▶ How can we invite others into this good rest and trust?
- ▶ How are you invited into this story?

Breakout Time

Pray:

God, I know that you are the one true living God who created all things. You created the earth and everything on the earth. You created me. Thank you for sending your Son Jesus so that I can be forgiven of worshipping other things. Forgive me for sometimes worshipping other things than you. I repent. Holy Spirit, please work in my heart to love God and love others in a way that

points them to Jesus and your Kingdom. May our hearts be filled with love for you and for others in response to what you have done in and through your Son Jesus and the story you have invited us to now participate in. Help me to think of my community this week and how I can love them well so that they might know you more.

Craft:

The kids can color the picture below.

BLESS Activity

This week, ask your family how you can practice the Speak rhythm. Maybe as you go to school, go to the store with your parent, go to your sports game or after-school activity, or even in your own home and think about who you might be able to speak the good news that the kingdom of God has come to earth in the person of the Lord Jesus Christ.



