

# THE BLESS GRID

# Proactive Planning

**Matthew 22:37-39** “You must love the Lord your God with all your heart, with all your life, and with all your mind. This is the first commandment, and it’s the one that really matters. The second is similar, and it’s this: you must love your neighbor as yourself.

**Directions** Keeping in mind who God is and what God has done, use this grid to plan how you will intentionally love this week as a faithful part of a family of missionary servants.

	<b>God</b>	<b>Missional Community</b>	<b>Sojourners</b>
<b>Bless</b> <i>We have been blessed (in Christ) to be a blessing (for Christ). (Genesis 12:1-3, Ephesians 1:3, 2 Corinthians 5:21)</i>	How will I worship God?	Who will I intentionally bless in word, gift, or deed?	Who will I intentionally bless in word, gift, or deed?
<b>Listen</b> <i>God has heard our cries so we listen to others. (Proverbs 15:8, James 5:16)</i>	How will I listen to God in prayer and his Word?	Who will I love by listening to their story?	Who will I love by listening to their story?
<b>Eat</b> <i>The Story ends with a banquet. We share meals as a foretaste. (John 6:55-59, Matthew 26:26-28)</i>	What is my plan to feast on God’s Word this week?	Who will I share a meal or drink with?	Who will I share a meal or drink with?
<b>Speak</b> <i>The gospel word has been spoken to us. We speak it to others. (Romans 10:14-15, Acts 4:19-20)</i>	How will I speak to God in prayer?	Who will I intentionally speak good news to?	Who will I intentionally speak good news to?
<b>Sabbath/ Celebrate</b> <i>We have rest in God and we celebrate because we have something to celebrate. (Rev 21-22)</i>	How & when will I rest with God?	With whom will I rest and celebrate God’s blessings?	With whom will I rest and celebrate God’s blessings?

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## *Prayerful Reflection*

**Matthew 22:37-39** “You must love the Lord your God with all your heart, with all your life, and with all your mind. This is the first commandment, and it’s the one that really matters. The second is similar, and it’s this: you must love your neighbor as yourself.

**Directions** Keeping in mind who God is and what God has done, use this grid to prayerfully reflect and assess how you intentionally loved this past week as a part of a family of missionary servants.

	<b>God</b>	<b>Missional Community</b>	<b>Sojourners</b>
<p><b>Bless</b> <i>We have been blessed (in Christ) to be a blessing (for Christ). (Genesis 12:1-3, Ephesians 1:3, 2 Corinthians 5:21)</i></p>	How would I describe my worship this week?	Who did I intentionally bless in word, gift, or deed?	Who did I intentionally bless in word, gift, or deed?
<p><b>Listen</b> <i>God has heard our cries so we listen to others. (Proverbs 15:8, James 5:16)</i></p>	What did I hear God say to me in prayer this week?	What did I learn about people as I listened this week?	What did I learn about people as I listened this week?
<p><b>Eat</b> <i>The Story ends with a banquet. We share meals as a foretaste. (John 6:55-59, Matthew 26:26-28)</i></p>	How and when did I feast on God’s Word this week?	Who did I share a meal or drink with?	Who did I share a meal or drink with?
<p><b>Speak</b> <i>The gospel word has been spoken to us. We speak it to others. (Romans 10:14-15, Acts 4:19-20)</i></p>	What have I been asking God for this week?	Who did I intentionally speak good news to?	Who did I intentionally speak good news to?

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<b>Sabbath/ Celebrate</b> <i>We have rest in God and we celebrate because we have something to celebrate. (Rev 21-22)</i>	How & when did I rest with God?	With whom did I rest and celebrate God's blessings?	With whom did I rest and celebrate God's blessings?
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